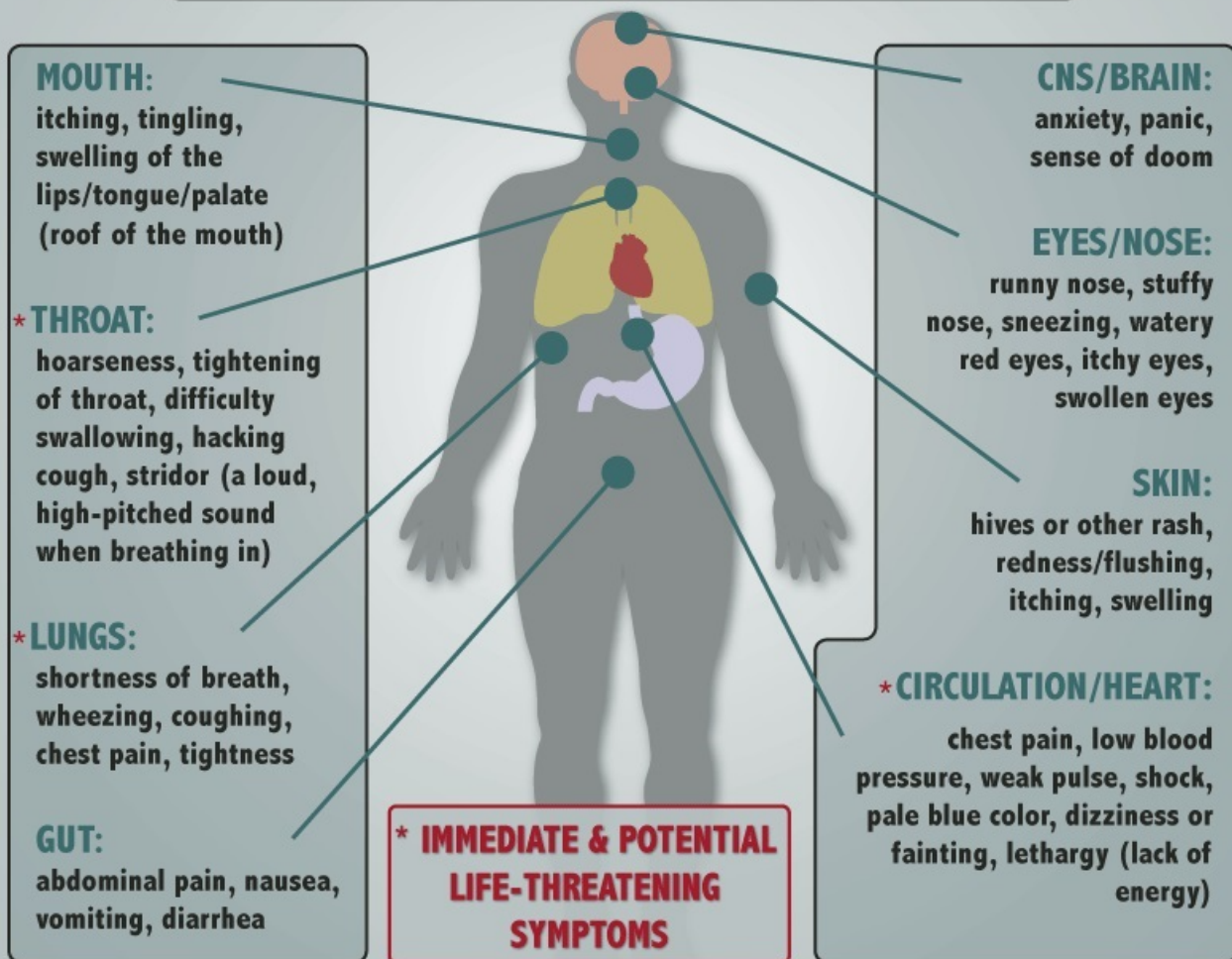


# SIGNS AND SYMPTOMS OF ANAPHYLAXIS

Anaphylaxis (an-a-fi-LAK-sis) is a serious allergic reaction that comes on quickly and has the potential to become life-threatening. The most common anaphylactic reactions are to foods, venom, medications, and latex.

Anaphylaxis signs and symptoms that may occur alone (\*) or in any combination after exposure to an allergen include:



Consult with a board-certified allergist for an accurate diagnosis and management plan.

• Although the majority of individuals experiencing anaphylaxis have skin symptoms, some of the most severe cases have no rash, hives, swelling

• **EPINEPHRINE** is the first-line of treatment for anaphylaxis

• Antihistamines, inhalers, & other treatments should only be used as secondary treatment

• **ALWAYS CARRY TWO (2) epinephrine auto-injectors at all times**

• When you, or someone you know, begin to experience symptoms, **CALL 9-1-1 IMMEDIATELY!**

**FAACT**

Food Allergy & Anaphylaxis  
Connection Team

AWARENESS • ADVOCACY • EDUCATION

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